Turecek Lab Plan for In-Person Research

Locations covered: BAG 4, 206, 306, 310, 314

**COVID-19 Supervisor and Personnel**

**Social and Physical Distancing**

**Responding to Illness**

**Cleaning and Disinfecting Your Workplace**

**Encouraging Good Hygiene**

**General**

**General Statement of Work Place Safety**

In all research and related activities, personal safety is the highest priority. All in-person research is completely voluntary. If the personnel feel unsafe in the in-lab setting, they cannot be required to come to the lab and are encouraged to suggest alternative conditions, such as remote access, for conducting research. The conditions for safely conducting in-person research are specified in this document.

**COVID-19 Supervisor and Personnel**

**Principal Investigator:**
Frantisek Turecek  
turecek@uw.edu

A member of the group that can assume the COVID-19 Supervisor role in the PI’s absence:

[Redacted] [Redacted] [Redacted]
Social and Physical Distancing

Attach lab floor plan. Label all the room(s)/work area(s) and for each room/work area indicate the maximum occupancy.

BAGLEY LABS

BAG 310 is a shared office that will be be used as a work area for one graduate student.
BAG 310 and 314 are synthesis labs that will be used as a work area for one graduate student at all times.
BAG 4 and 206 are instrumentation labs that will be used as work areas for both graduate students under safety distancing measures.

Floor plans:
Describe a lab usage scheduling plan that will minimize the number of people in the lab at any given time and how it will be implemented:

Each work area will only be available to a lab member once they have reserved that work area for use during a shift consisting of a single day.

Lab members may access other work areas on a temporary basis to fetch equipment and supplies (i.e., the lab member will access the space for <10 minutes and will not perform research during that time). Lab members intending to access a work area on a temporary basis should (1) not exceed the personnel limits for that work area as described above, (2) coordinate their plans with anyone who has reserved the work area, and (3) maintain a distance of at least 6 feet from other lab members.

Reservations will be posted weekly by e-mail and coordinated with the PI.

Office work that does not require access to UW Supercomputers must be conducted remotely.

Describe specific rules and policies that will be implemented in your group to ensure social and physical distancing measures:

On arrival:
- Lab members working in person should announce their arrival by e-mail or text message to the PI.

While on campus:
- Lab members should stay at least 6 feet apart from each other.
- Before entering a room, you must verbally announce your entry. Wait for any occupants to respond to you. If the room is already at capacity, you must wait until someone else leaves before you enter the room. Coordinate with the people inside.
- Do not wear headphones/earbuds in both ears while in the lab. You must be able to hear anyone trying to get your attention.

When leaving campus:
- Lab members should announce their departure from campus by e-mail or text message to the PI.

To minimize the interaction with spaces and people outside of the lab, all items from the stockroom will be picked up by designated lab members.

Describe the tasks and activities that can be safely performed in the lab:

All research tasks can be safely performed using this policy.
Describe the changes to the workspace(s) that have been made to ensure social and physical distancing and hygiene requirements:

Because currently there are only 2 graduate students and no undergraduate researchers are allowed in the labs, there is no need to change the workspace other than to maintain safe social distancing.

Describe how policies and measures have been communicated to group members (signage posted, e-mails, group meetings, etc):

Policies and measures have been discussed:
- At a virtual group meeting.
- Via distribution of this document.
- Signs posted on the entrance to each work area designated above.

Responding to Illness

Describe how the University of Washington requirements for symptom assessment and attestation will be fulfilled:

Perform a self-check of wellness: Bring awareness to your body and assess if any symptoms of COVID-19 infection are present. If you are experiencing symptoms then (i) remain at home and do not go to campus, even if the symptoms are mild, (ii) notify the PI, and (iii) contact your healthcare provider.

DO NOT come to lab if you are feeling any potential symptoms of COVID-19, including:
- A new fever (100.4 F or higher) or a sense of having a fever?
- A new cough that you cannot attribute to another health condition?
- New shortness of breath that you cannot attribute to another health condition?
- A new sore throat that you cannot attribute to another health condition?
- New muscle aches that you cannot attribute to another health condition or that may have been caused by a specific activity, such as physical exercise?
- New respiratory symptoms, such as sore throat, runny nose/nasal congestion or sneezing, that you cannot attribute to another health condition?
- New chills or repeated shaking with chills that you cannot attribute to another health condition?
- New loss of taste or smell that you cannot attribute to another health condition?

Each day that you plan to access in-person resources of the lab, you must complete the COVID-19 Symptom Attestation on Workday (https://isc.uw.edu/) prior to coming to campus.

Describe the plan in case someone in the group develops COVID-19 symptoms:
If you have previously come to lab and are now feeling that you have symptoms, you must report this immediately by following the instructions on the daily attestation. This will 1) allow you to be tested for the virus and 2) set contact tracing in motion so that your lab mates are informed and kept protected.

If you test positive for COVID-19 and have been in the lab, you must notify the EH&S Employee Health Center (emplth@uw.edu or 206-685-1026) immediately so that they can begin deep disinfection of any areas you worked in and notify anyone who may have come in contact with you or with those areas. If you feel comfortable, you may also consider informing the PI.

Cleaning and Disinfecting Your Workplace

Describe cleaning and disinfection protocols for high-touch surfaces, shared equipment, and common areas in the lab, including who is responsible:

To reduce any risk of exposure, every individual who uses a work area is required to disinfect surfaces both before and after each shift.

- Wash hands thoroughly for at least 20 seconds using soap.
- Disinfect all surfaces you intend to use or might use, including cabinet and drawer handles and doorknobs.

When lab members access other work areas on a temporary basis, e.g., to fetch equipment or supplies, that lab member is responsible for:

- Wash hands thoroughly for at least 20 seconds using soap immediately prior to accessing the work area.
- Wash hands thoroughly for at least 20 seconds using soap immediately after accessing the work area.

Cloth-covered chairs cannot be easily disinfected and must not be shared. Foam, solid plastic, and metal chairs can be wiped down and so will be placed at common stations first and then distributed to bays around the lab. These should be cleaned before and after use at common stations and at the beginning and end of shifts.

Encouraging Good Hygiene

Describe measures in your group that will promote and enable uniformly good hygiene practices:

Practice good general hygiene, including frequent handwashing, washing cloth masks in hot water after each use, and wear freshly laundered clothing.
Immediately upon (1) entering BAGLEY, and (2) entering any room with a sink, wash your hands. Wash your hands thoroughly after touching door handles, light switches, or other high-touch surfaces (phones, white boards, etc.).

Please keep the areas around the sinks clear so that they are easily accessible for hand washing!

Describe the lab policy for wearing a mask and other protective equipment:

The CDC recommends, at a minimum, a cloth face covering or a personal mask if there is a potential to (even temporarily) come within 6 feet of another person. A cloth mask is required in all shared spaces in the CHL (hallways, bathrooms, etc.) and in all work areas when more than one lab member is in the room.

Before putting a mask on, taking it off, or adjusting it, take the gloves off and wash your hands with soap and water.

Normal PPE rules still apply. Do not touch door handles with a gloved hand. You risk contaminating the door handle with chemicals/biohazards and your glove will be contaminated with germs from the door handle.

General

Provide a plan for training group members in COVID-19-related policies and procedures described in this document, including how the training will be documented:

All lab members included in the “Names of people conducting in-person research” list will be required to attend a lab-specific training on our plan for in-person research. All lab members will receive an electronic copy of this plan prior to the meeting. Lab members will be requested to attest that they attended the training and read the plan prior to resuming in-person research.

Describe the plan for visitors. The plan should address symptom monitoring, attestation, and visitor log maintenance for all the visitors. (Visitors are defined as those who do not normally use these spaces, including both UW and non-UW personnel):

At this time, no visitors are allowed in any of the work areas. Exceptional visits, such as those of technical personnel to assist with instrument maintenance, will be handled according to the general policy. The visitor will be provided the Department of Chemistry Visitor COVID-19 Symptom Attestation for Working On-Site (attached at the end of this document) and required to certify that they do not display signs of infection. A visitor log will be maintained on-line.
Describe how group members will be informed of COVID-19-related policies for shared
facilities and common spaces in the department:

All group members will be provided with a digital copy of any guidelines developed by
the department. The group members must acknowledge the receipt of the guidelines by
e-mail.

Describe any other COVID-19 related policies implemented in your group:

n/a

Department of Chemistry Visitor COVID-19 Symptom Attestation for Working On-Site

Since your last visit to a University facility, have you experienced any of the following symptoms:

A new fever (100.4 F or higher) or a sense of having a fever?
A new cough that you cannot attribute to another health condition?
New shortness of breath that you cannot attribute to another health condition?
A new sore throat that you cannot attribute to another health condition?
New muscle aches that you cannot attribute to another health condition or that may have been
cauised by a specific activity, such as physical exercise?
New respiratory symptoms, such as sore throat, runny nose/nasal congestion or sneezing, that
you cannot attribute to another health condition?
New chills or repeated shaking with chills that you cannot attribute to another health condition?
New loss of taste or smell that you cannot attribute to another health condition?

If you are sick or have one or more of the above symptoms:

You must stay home or leave the UW facility at which you are working.
Follow your department’s procedure for calling out sick or requesting to work from home.
Contact your health care provider for medical guidance.

I attest that prior to coming onsite on today's date that I do not have any of the above
symptoms.

☐ I have read and agree to the above statement.

☐ I attest that I do not have any of the above symptoms.